

Insulin Pump Day 2025 Summary



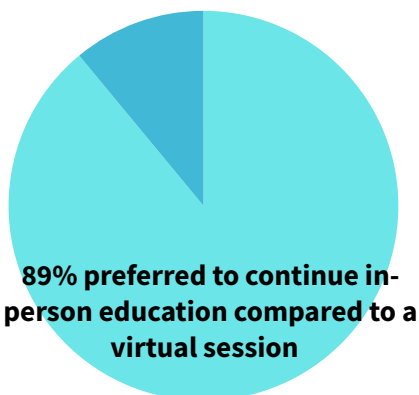
Thank you!

We were absolutely delighted to return to an in-person format for Insulin Pump Day 2025—our first since 2019! The event was a tremendous success, drawing 60 attendees, including dietitians, nurses, physicians, pharmacists and nurse practitioners. Together, we spent a full day on Thursday, March 25th at the Innovation Hub, engaging in dynamic education sessions focused on insulin pump therapy.

We extend our heartfelt thanks to our exceptional presenters, whose insights and expertise made the day possible. Their contributions showcased innovative strategies and emerging best practices in diabetes care and insulin pump management.



Nearly all attendees enjoyed the sessions (95%), found them well organized (92%), applicable to their practice (91%), and contributing to new knowledge (88%)



Strong appreciation for the in-person format, networking opportunities and engaging case studies.

For future events, participants expressed a strong interest in:

1. More time to share practical tips and lived experiences;
2. Opportunities to hear from colleagues across the province about care approaches and resources; and
3. Ongoing education beyond Insulin Pump Day to support continued learning and professional development.

Key Takeaways

Who is the Right Candidate for an Insulin Pump?

Dawn Chubbs, NP DNP, highlighted the need for a mindset shift in insulin pump access—advocating for early adoption, fewer barriers, personalized safety planning, and greater provider advocacy in an evolving care landscape.

1st Voice Panel

The panelists shared real-life insulin pump experiences, highlighting benefits of automation alongside burnout challenges, the need for caregiver and school support, the importance of mental health care, and the value of community connection.

Insulin Pump Use in Pregnancy

Dr. Deborah Zwicker highlighted key considerations for insulin pump therapy during pregnancy, emphasizing the importance of meeting glycemic targets, the benefits and limitations of current technologies like CGM and AID systems, and the need for pre-pregnancy planning, frequent insulin adjustments, and training opportunities for clinicians.

DCPNS Update

DCPNS team reviewed recently revised resources including:

1. Insulin Dose Adjustment Guidelines - including the insulin pump therapy section
2. Insulin Pump Therapy Framework and Resources

NSIPP Update

The NSIPP coordinator, Pratik Bhawar, shared updates on program growth, application changes, enrollment and demographic data, and real-world co-payment examples. From Apr 2024–Feb 2025, 428 applications were received—up from 162 the previous year. Year 1 of the all-ages expansion saw a 45% drop in wait times, 15% faster clinical processing, and high satisfaction: 79% of patients and 89% of providers. Kudos to all!

For those who complete CDE® certification maintenance by credit portfolio option, this session can be documented as:

Activity Category: 2A: Short Term Learning Events of more than 4 hours

Duration (time): 6 hours

Credit value: 5 credits

Suggested CDE® competencies

- 2.G Describes the principles, process and application of carbohydrate counting.
- 3.C Identifies specific therapeutic regimens based on client characteristics and properties of the treatment.
- 3.D Describes various insulin delivery systems and their advantages or disadvantages.
- 7.B Identifies aspects of assessment and diabetes management for children and adolescents.
- 7.C Identifies aspects of assessment and diabetes management for pregnancy.
- 8.C Applies knowledge of the social determinants of health to diabetes management.