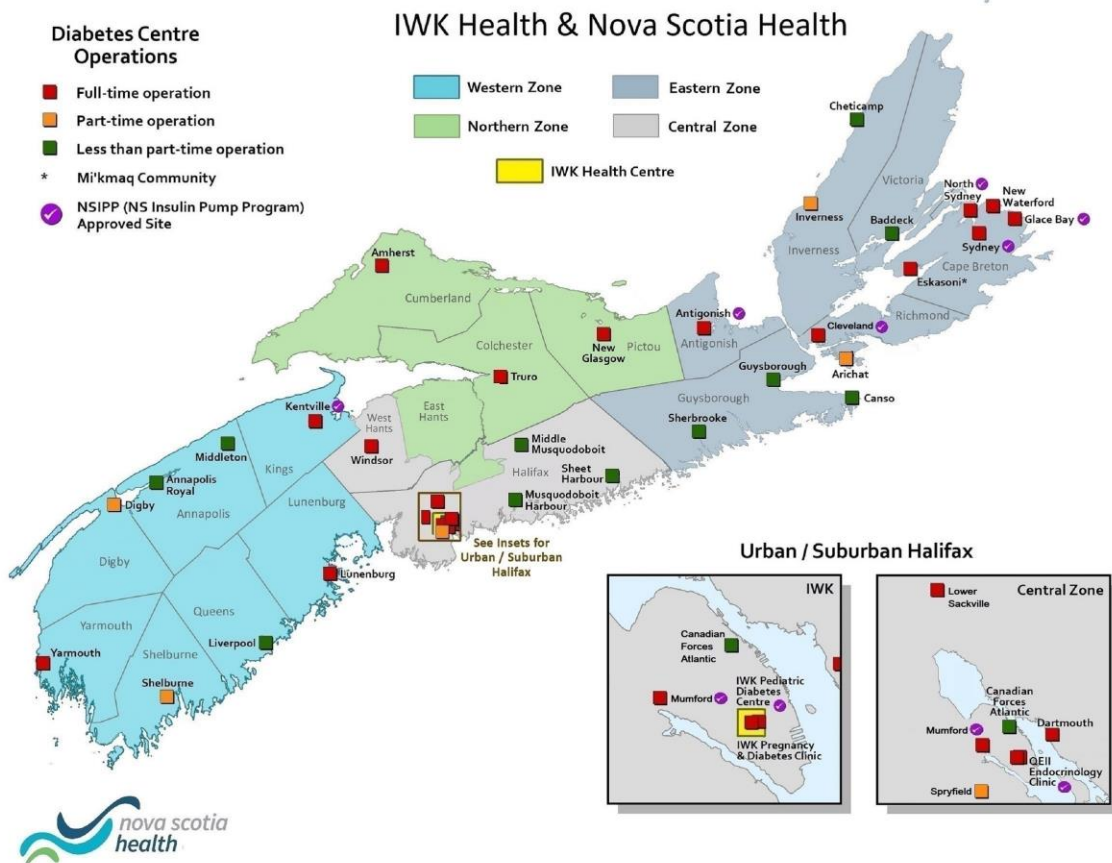


Diabetes Centres in Nova Scotia

Diabetes Care Program of Nova Scotia: Diabetes Centre Locations & Operations



Diabetes Centres (DC) are located across Nova Scotia. They vary in hours of operation from full-time to part-time. A number offer satellite services to smaller communities.

- Diabetes Educators support patients living with diabetes by conducting person-centered assessments, and providing self-management education, skill building, and empowerment to meet goals set collaboratively by the patients and their care teams. Diabetes Educators help patients choose interventions (pharmacological, nutrition, physical activity, psycho-social, technology) that fit with their lifestyle and reduce disease progression and complications. Our teams offer follow-up to monitor and re-evaluate care plans to support patients on their diabetes journey.
- Referrals are triaged based upon DCPNS triage guidelines.

Who should be referred?

- Anyone new to insulin* or requiring insulin dose adjustment.
- Anyone with:
 - newly diagnosed diabetes (T1, T2, other).
 - pregnancy with existing diabetes* or GDM.
 - recent hyperglycemic emergency or hospitalization for diabetes*.
 - recurrent hypoglycemia or risk of hypoglycemia.
 - need for diabetes self-management support.

*Urgent referral: target wait time 48-72 hours.

Who can refer?

- Authorized prescriber signature required for insulin start/adjustment and lab ordering.
- Allied health professionals can refer for general self-management/education.
- Some Diabetes Centres accept self-referrals.

How do you refer?

- Fill out the DC referral form available [here](#).
- Fax the referral form to the DC closest to the patient's residence & to the patient's most responsible provider (GP, NP, Primary Care Clinic, Virtual Care). Note: several DC offer satellite services to smaller communities.

Please see reverse for
Diabetes Centre locations and contact information.

Diabetes Centres in Nova Scotia by Zone/Community

CENTRAL ZONE

Dartmouth
Diabetes Centre
58 Tacoma Drive, Suite 102
Tel: 902-465-8532
Fax: 902-473-3770

Halifax
Canadian Forces Health Services
Centre Atlantic (military only)
2685 Sextant Lane
Tel: 902-721-8726
Fax: 902-721-0356

Halifax
Diabetes Centre
6960 Mumford Road
Tel: 902-454-1600
Fax: 902-473-3770

Halifax
QEII HSC Endocrinology Clinic
1276 South Park Street
Tel: 902-473-3723
Fax: 902-473-5912

Lower Sackville
Cobequid Community Health
Centre
40 Freer Lane
Tel: 902-869-6170
Fax: 902-473-3770

Middle Musquodoboit
Musquodoboit Valley Memorial
Hospital
492 Archibald Brook Road
Tel: 844-790-8108
Fax: 902-473-3770

Musquodoboit Harbour
Twin Oaks Memorial Hospital
7704 #7 Highway
Tel: 844-790-8108
Fax: 902-473-3770

Sheet Harbour
Eastern Shore Memorial Hospital
22637 #7 Highway
Tel: 844-790-8108
Fax: 902-473-3770

Spryfield
Community Wellness Centre
16 Dentith Road
Tel: 902-454-1600
Fax: 902-473-3770

Windsor
Hants Health & Wellness Team
89 Payzant Drive
Tel: 902-792-2052
Fax: 902-792-2253

EASTERN ZONE

Antigonish
Antigonish Health & Wellness Centre
23 Bay Street, 2nd Floor
Tel: 902-867-4500 ext. 4249
Fax: 902-867-4700

Glace Bay
Senator's Place
633 Main St., 1st Fl, Ste. 105
Tel: 902-842-2826
Fax: 902-842-2853

Arichat
St. Anne Community & Nursing Care Centre
2313 Highway 206
Tel: 902-226-1911
Fax: 902-226-0042

Guysborough
Guysborough Memorial Hospital
10560 Route 16
Tel: 902-533-3702
Fax: 902-533-4066

Baddeck
Victoria County Memorial Hospital
30 Old Margaree Road
Tel: 902-295-2112
Fax: 902-295-3432

Inverness
Inverness Consolidated Memorial Hospital
39 James Street
Tel: 902-258-1905
Fax: 902-258-2857

Canso
Eastern Memorial Hospital
1746 Union Street
Tel: 902-366-2794
Fax: 902-366-2740

New Waterford
New Waterford Consolidated Hospital
716 King Street
Tel: 902-592-3327
Fax: 902-592-3312

Cheticamp
Sacred Heart Community Health Centre
15102 Cabot Trail
Tel: 902-224-4014
Fax: 902-224-2903

North Sydney
Northside General Hospital
520 Purves Street
Tel: 902-794-5404
Fax: 902-794-5454

Cleveland
Strait Richmond Hospital
138 Hospital Road
Tel: 902-625-7270
Fax: 902-625-6628

Sherbrooke
St. Mary's Memorial Hospital
91 Hospital Road
Tel: 902-522-2882
Fax: 902-522-2556

Eskasoni
Eskasoni Community Health Centre
(Residents only)
4555 Shore Road
Tel: 902-379-3200
Fax: 902-379-2421

Sydney
Cape Breton Regional Hospital
1482 George Street
Tel: 902-567-7745
Fax: 902-567-7970

IWK

Halifax
IWK Pediatric Endocrinology & Diabetes Unit
5850/5980 University Avenue
Tel: 902-470-8340
Fax: 902-470-7264

Halifax
IWK Pregnancy & Diabetes Centre
5850/5980 University Avenue
Tel: 902-470-6710
Fax: 902-470-7467

NORTHERN ZONE

Amherst
(Located inside Amherst Pharmasave building)
158 Robert Angus Drive, Ste. 700
Tel: 902-667-2850
Fax: 902-667-4460

New Glasgow
One Door Chronic Disease Management Centre
810 East River Rd., Ste. 205
Tel: 902-755-7242
Fax: 1-833-924-0384

Truro
Colchester East Hants Health Centre
600 Abenaki Road
Tel: 902-893-5528
Fax: 902-895-2599

WESTERN ZONE

Annapolis Royal
Annapolis Community Health Centre
821 St. George Street
Tel: 902-532-4022
Fax: 902-532-2113

Digby
Digby and Area Health Services Centre
71 West Street
Tel: 902-245-1307
Fax: 902-245-3006

Kentville
Valley Regional Hospital
150 Exhibition Street
Tel: 902-679-1849
Fax: 902-678-3727

Liverpool
Queens General Hospital
175 School Street
Tel: 902-354-3436 ext. 1257
Fax: 902-354-2018

Lunenburg
Fishermen's Memorial Hospital
14 High Street
Tel: 902-634-7338
Fax: 902-634-7334

Middleton
Soldiers' Memorial Hospital
462 Main Street
Tel: 902-825-6160 ext. 1762243
Fax: 902-825-0599

Shelburne
Shelburne Family Practice
1608 Lake Road
Tel: 902-875-8009
Fax: 902-749-1753

Yarmouth
Yarmouth Regional Hospital
60 Vancouver Street
Tel: 902-742-3542 ext. 1245
Fax: 902-749-1753

Please send a copy of the referral to the patient's most responsible provider.

Please note: Several diabetes centres offer satellite services to smaller communities. Referrals should be sent to the diabetes centre closest to the patient's home.