



Behaviour Change Counselling Development Program Fall 2024 (Family Physicians and NPs)



This 3-credit-per-hour Self-learning Program has been certified by the College of Family Physicians of Canada for up to 42 Mainpro® credits

- The Behaviour Change Counselling Development Program (BCCDP) provides education, skills training and support for Family Physicians, Nurse Practitioners, Physicians, Medical Residents, & Medical Students who are interested in supporting patients to develop self-management skills to effectively activate and sustain health behaviour changes. The course was originally designed with a target audience of Primary Health Care Physicians and NPs in mind. Although some of the examples may not be based in your practice area, we know that the skills themselves are very applicable to most practice settings.
- The program uses a quality-improvement approach and includes 3 main components that span over a 12-weeks:
 - 8 self-directed e-modules
 - 3 self-directed action periods where new learnings are integrated into practice
 - 3 two-hour interactive virtual group workshops.
- Program runs from September 12th to December 5th, 2024.
- Live Virtual Required Practice Sessions: Thursdays October 10th, November 7th & December 5th 6:30-8:30pm)
- This group learning program has 6 hours of synchronous (3 two-hour workshops) and 12 hours of asynchronous (self-directed) time.



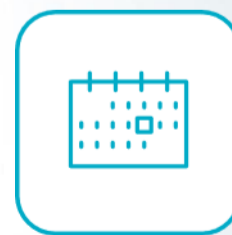
Offered Virtually via Zoom



Participant Sharing and Learning



Have Questions
PHCPracticeSupport@nshealth.ca



Learn more at [PHCQuality.ca](https://www.phcquality.ca)

PS *Practice Support*

Offered by the Primary Health Care and Chronic
Disease Management Network

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