



# Behaviour Change Counselling Development Program Fall 2024 (Family Physicians and NPs)



This 3-credit-per-hour Self-learning Program has been certified by the College of Family Physicians of Canada for up to 42 Mainpro® credits

- The Behaviour Change Counselling Development Program (BCCDP) provides education, skills training and support for Family Physicians and Nurse Practitioners who are interested in supporting patients to develop self-management skills to effectively activate and sustain health behaviour changes.
- The program uses a quality-improvement approach and includes 3 main components that span over a 12-weeks:
  - 8 self-directed e-modules
  - 3 self-directed action periods where new learnings are integrated into practice
  - 3 two-hour interactive virtual group workshops.
- Program runs from September 12<sup>th</sup> to December 5<sup>th</sup>, 2024.
- Live Virtual Required Practice Sessions: Thursdays October 10<sup>th</sup>, November 7<sup>th</sup> & December 5<sup>th</sup> (6:30-8:30pm)
- This group learning program has 6 hours of synchronous (3 two-hour workshops) and 12 hours of asynchronous (self-directed) time.



Offered Virtually via Zoom



Participant Sharing and Learning



Have Questions or to Register  
[PHCPracticeSupport@nshealth.ca](mailto:PHCPracticeSupport@nshealth.ca)



Learn more at [PHCQuality.ca](https://www.phcquality.ca)

**PS** Practice Support

Offered by the Primary Health Care and  
Chronic Disease Management Network

Register [Here](#)