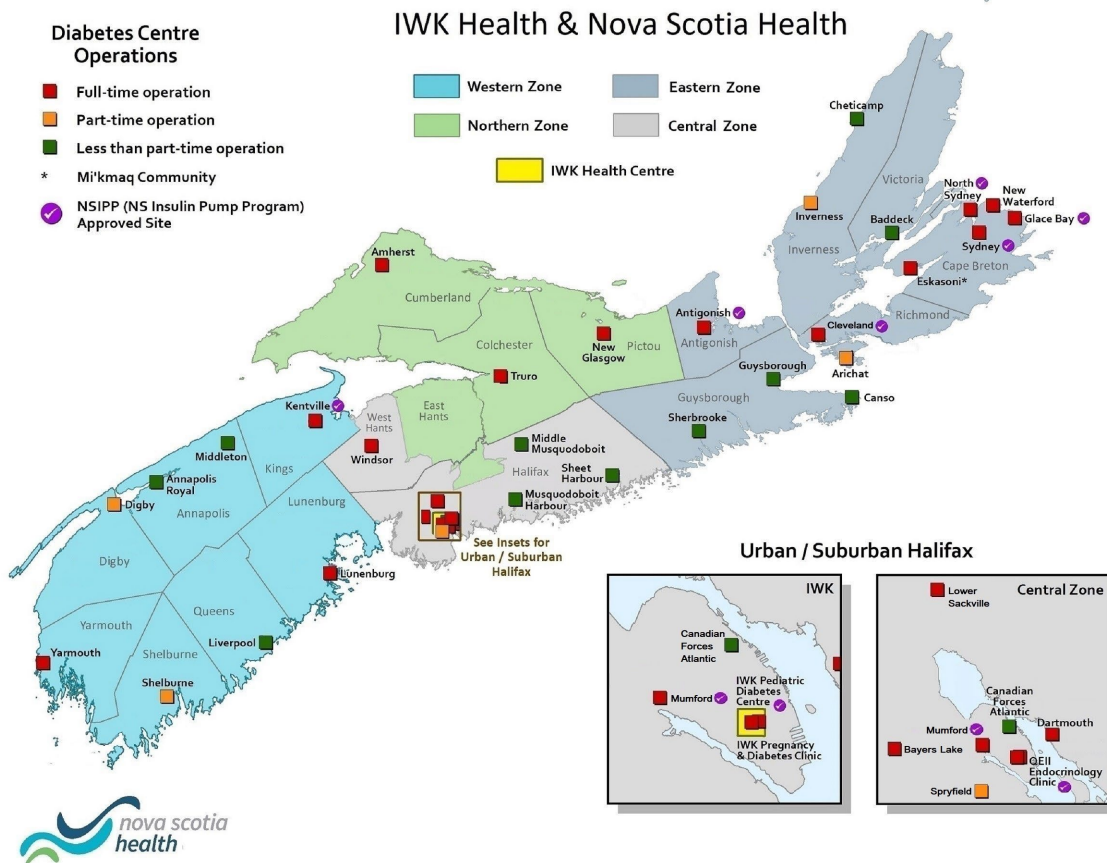


Diabetes Centres in Nova Scotia

Diabetes Care Program of Nova Scotia: Diabetes Centre Locations & Operations



Diabetes Centres (DC) are located across Nova Scotia. They vary in hours of operation from full-time to part-time. A number offer satellite services to smaller communities.

- Diabetes Educators support patients living with diabetes by conducting person-centered assessments, and providing self-management education, skill building, and empowerment to meet goals set collaboratively by the patients and their care teams. Diabetes Educators help patients choose interventions (pharmacological, nutrition, physical activity, psycho-social, technology) that fit with their lifestyle and reduce disease progression and complications. Our teams offer follow-up to monitor and re-evaluate care plans to support patients on their diabetes journey.
- Referrals are triaged based upon DCPNS triage guidelines.

Who should be referred?

- Anyone new to insulin* or requiring insulin dose adjustment.
- Anyone with:
 - newly diagnosed diabetes (T1, T2, other).
 - pregnancy with existing diabetes* or GDM.
 - recent hyperglycemic emergency or hospitalization for diabetes*.
 - recurrent hypoglycemia or risk of hypoglycemia.
 - need for diabetes self-management support.

*Urgent referral: target wait time 48-72 hours.

Who can refer?

- Authorized prescriber signature required for insulin start/adjustment and lab ordering.
- Allied health professionals can refer for general self-management/education.
- Some Diabetes Centres accept self-referrals.

How do you refer?

- Fill out the DC referral form available [here](#).
- Fax the referral form to the DC closest to the patient's residence and to the patient's most responsible provider (GP, NP, Primary Care Clinic, Virtual Care).

Please see reverse for
Diabetes Centre locations and contact information.

Diabetes Centres in Nova Scotia by Zone/Community

CENTRAL ZONE

Bayers Lake
QEII Endocrinology Diabetes Centre
Bayers Lake Community Outpatient Centre
420 Susie Lake Crescent, Suite 1358C-1
902-876-6466
Fax: 902-876-6605

Halifax
QEII HSC Endocrinology Clinic
1276 South Park Street
Tel: 902-473-3723
Fax: 902-473-5912

Sheet Harbour
Eastern Shore Memorial Hospital
22637 #7 Highway
Tel: 844-790-8108
Fax: 902-473-3770

Dartmouth
Diabetes Centre
58 Tacoma Drive, Suite 102
Tel: 902-465-8532
Fax: 902-473-3770

Lower Sackville
Cobequid Community Health Centre
40 Freer Lane
Tel: 902-869-6170
Fax: 902-473-3770

Spryfield
Community Wellness Centre
16 Dentith Road
Tel: 902-454-1600
Fax: 902-473-3770

Halifax
Canadian Forces Health Services Centre Atlantic
(military only)
2685 Sextant Lane
Tel: 902-721-8726
Fax: 902-721-0356

Middle Musquodoboit
Musquodoboit Valley Memorial Hospital
492 Archibald Brook Road
Tel: 844-790-8108
Fax: 902-473-3770

Windsor
Hants Health & Wellness Team
89 Payzant Drive
Tel: 902-792-2052
Fax: 902-792-2253

Halifax
Diabetes Centre
6960 Mumford Road
Tel: 902-454-1600
Fax: 902-473-3770

Musquodoboit Harbour
Twin Oaks Memorial Hospital
7704 #7 Highway
Tel: 844-790-8108
Fax: 902-473-3770

EASTERN ZONE

Antigonish
Antigonish Health & Wellness Centre
23 Bay Street, 2nd Floor
Tel: 902-867-4500 ext. 4249
Fax: 902-867-4700

Arichat
St. Anne Community & Nursing Care Centre
2313 Highway 206
Tel: 902-226-1911
Fax: 902-226-0042

Baddeck
Victoria County Memorial Hospital
30 Old Margaree Road
Tel: 902-295-2112
Fax: 902-295-3432

Canso
Eastern Memorial Hospital
1746 Union Street
Tel: 902-366-2794
Fax: 902-366-2740

Cheticamp
Sacred Heart Community Health Centre
15102 Cabot Trail
Tel: 902-224-4014
Fax: 902-224-2903

Cleveland
Strait Richmond Hospital
138 Hospital Road
Tel: 902-625-7270
Fax: 902-625-6628

Eskasoni
Eskasoni Community Health Centre
(Residents only)
4555 Shore Road
Tel: 902-379-3200
Fax: 902-379-2421

Glace Bay
Senator's Place
633 Main St., 1st Fl, Ste. 105
Tel: 902-842-2826
Fax: 902-842-2853

Guysborough
Guysborough Memorial Hospital
10560 Route 16
Tel: 902-533-3702
Fax: 902-533-4066

Inverness
Inverness Consolidated Memorial Hospital
39 James Street
Tel: 902-258-1905
Fax: 902-258-2857

New Waterford
New Waterford Consolidated Hospital
716 King Street
Tel: 902-592-3327
Fax: 902-592-3312

North Sydney
Northside General Hospital
520 Purves Street
Tel: 902-794-5404
Fax: 902-794-5454

Sherbrooke
St. Mary's Memorial Hospital
91 Hospital Road
Tel: 902-522-2882
Fax: 902-522-2556

Sydney
Cape Breton Regional Hospital
1482 George Street
Tel: 902-567-7745
Fax: 902-567-7970

IWK

Halifax
IWK Pediatric Endocrinology & Diabetes Unit
5850/5980 University Avenue
Tel: 902-470-8340
Fax: 902-470-7264

Halifax
IWK Pregnancy & Diabetes Centre
5850/5980 University Avenue
Tel: 902-470-6710
Fax: 902-470-6644

NORTHERN ZONE

Amherst
(Located inside Amherst Pharmasave building)
158 Robert Angus Drive, Ste. 700
Tel: 902-667-2850
Fax: 902-667-4460

New Glasgow
One Door Chronic Disease Management Centre
810 East River Rd., Ste. 205
Tel: 902-755-7242
Fax: 1-833-924-0384

Truro
Colchester East Hants Health Centre
600 Abenaki Road
Tel: 902-893-5528
Fax: 902-895-2599

WESTERN ZONE

Annapolis Royal
Annapolis Community Health Centre
821 St. George Street
Tel: 902-532-2381 ext. 149
Fax: 902-532-2113

Digby
Digby and Area Health Services Centre
71 West Street
Tel: 902-245-1307
Fax: 902-245-3006

Kentville
Valley Regional Hospital
150 Exhibition Street
Tel: 902-679-1849
Fax: 902-678-3727

Liverpool
Queens General Hospital
175 School Street
Tel: 902-354-3436 ext. 1257
Fax: 902-354-2018

Lunenburg
Fishermen's Memorial Hospital
14 High Street
Tel: 902-634-7338
Fax: 902-634-7334

Middleton
Soldiers' Memorial Hospital
462 Main Street
Tel: 902-825-6160 ext. 1762243
Fax: 902-825-0599

Shelburne
Roseway Hospital
1606 Lake Road
Tel: 902-875-8009
Fax: 902-749-1753

Yarmouth
Yarmouth Regional Hospital
60 Vancouver Street
Tel: 902-742-3542 ext. 1245
Fax: 902-749-1753

Please send a copy of the referral to the patient's most responsible provider.