

Family Physician & Nurse Practitioner

Behaviour Change Counselling Development Program (BCCDP)

Primary Health Care and Chronic Disease Management Network

This BCCDP Program is for Family Physicians & Nurse Practitioners and provides education, training, and support for family physicians who are interested in supporting patients to effectively activate and sustain health behaviour changes to improve health outcomes. The program uses a quality-improvement approach and includes three components that span over 12-weeks:

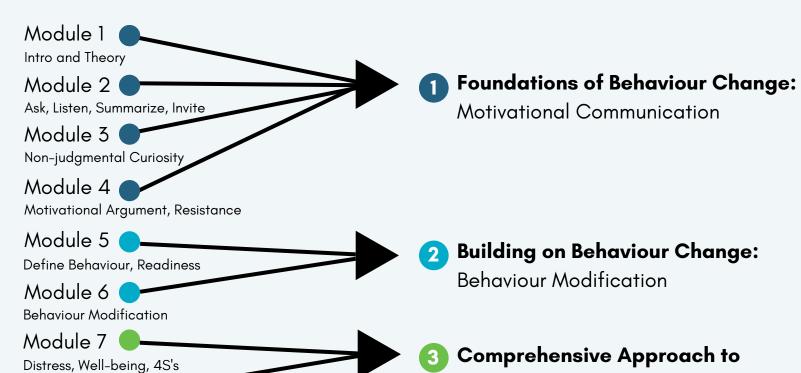
- 8 self-directed e-modules
- 3 self-directed action periods to integrate new learnings into practice
- 3 two-hour interactive virtual group workshops

The program runs virtually twice a year Fall and Spring

This 3-credit-per-hour group and self-learning assessment program has been certified by the College of Family Physicians of Canada and the Nova Scotia Chapter for up to 42 Mainpro+credits.

Self-directed LMS Module PHC Behaviour Change

Virtual Practice Workshop



PSP Practice Support Program

Replacing the Function, Stress Reduction

Module 8

For more information:

Behaviour Change:

Visit: <u>PHCquality.ca</u>

Email: PHCPracticeSupport@nshealth.ca