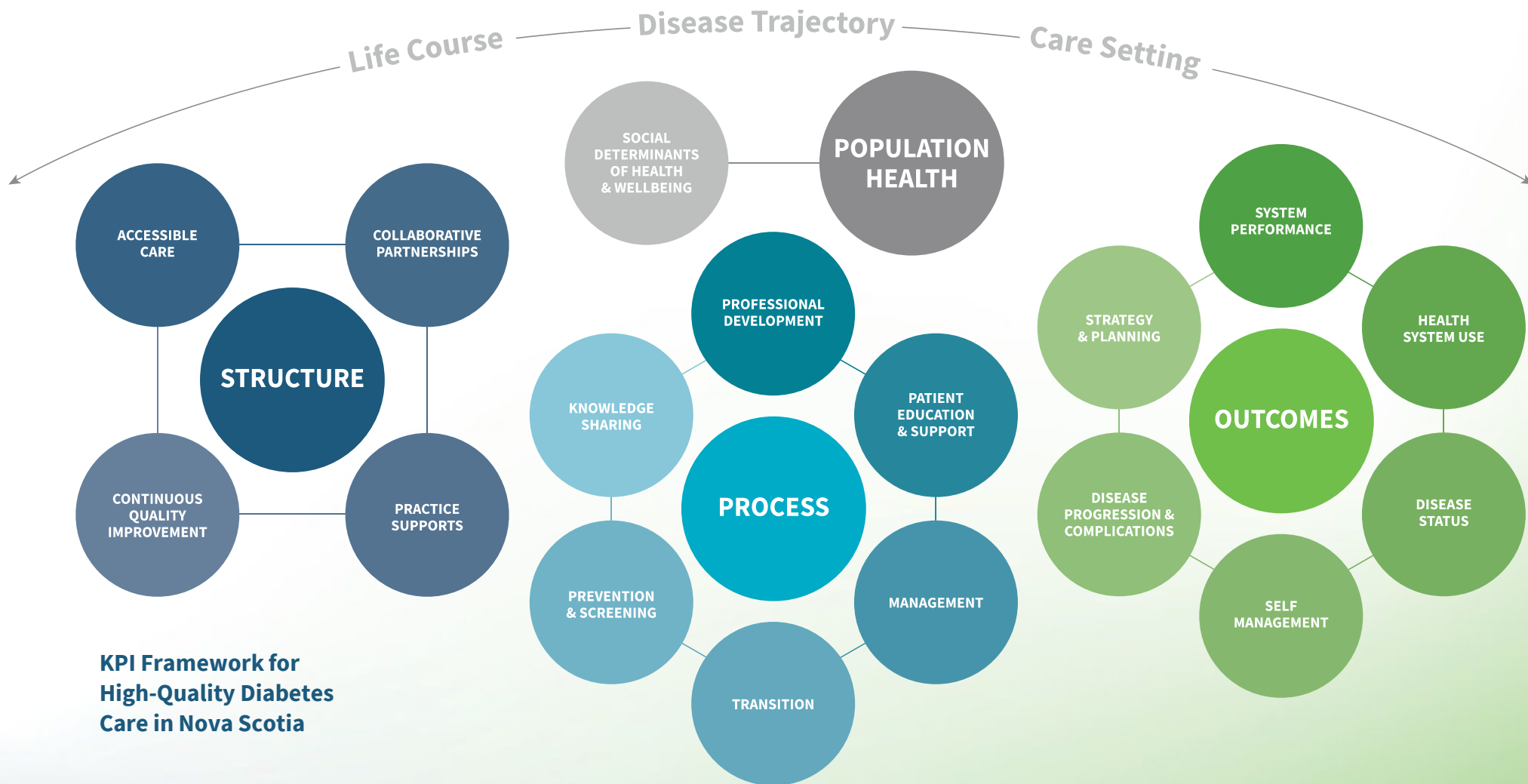


# Optimizing Diabetes Care for Nova Scotians



**KPI Framework for High-Quality Diabetes Care in Nova Scotia**

**POPULATION HEALTH**

**DIMENSION**

**INDICATOR**

**Social Determinants of Health & Wellbeing**

- Premature mortality rate for Nova Scotians with type 1 & type 2 diabetes

**STRUCTURE**

**Accessible Care**

- Attached Diabetes Centre (DC) Clients
- DC staffing full time equivalents (FTEs) per population

**Practice Supports**

- Up-to-date practice and patient resources (Policy, Guidelines, CD) embedded in NSH & IWK operations

**Collaborative Partnerships**

- Frequency of input (written, meetings) by patient family advisors (PFAs) supporting DCPNS (Type 1, Type 2, Youth, Indigenous, African NS)

**Continuous Quality Improvement**

- Provider Satisfaction: DC staff with high, neutral, low job satisfaction

**PROCESS**

PROCESS	DIMENSION	INDICATOR
	Professional Development	<ul style="list-style-type: none"> <li>DC staff working to full scope (CDE; Insulin Dose Adjustment Certification (Adult, Peds, Pregnancy, Pumps), NSIPP Sites)</li> </ul>
	Prevention and Screening	<ul style="list-style-type: none"> <li>Nova Scotians aged 40 and over who were screened for type 2 diabetes</li> <li>Pregnant Nova Scotians screened for gestational diabetes</li> </ul>
	Patient Education & Support	<ul style="list-style-type: none"> <li>Satisfaction scores for people who viewed the on-line Diabetes Modules</li> </ul>
	Management	<ul style="list-style-type: none"> <li>DC clients with documented preventative assessments according to Diabetes Canada guidelines for the following: exercise vital sign, A1C, blood pressure, lipids, renal function, foot exam, dilated eye exam, electrocardiogram</li> </ul>
	Transitions	<ul style="list-style-type: none"> <li>DC clients with moderate to high-risk foot who were referred to foot specialist</li> <li>DC youth clients who successfully landed in adult DC</li> </ul>
	Knowledge Sharing	<ul style="list-style-type: none"> <li>Total CME Credits available through DCPNS led education</li> </ul>

**OUTCOMES**

	DIMENSION	INDICATOR
	System Performance	<ul style="list-style-type: none"> <li>• DC encounters per DC team FTE (by in person or virtual, type, client)</li> <li>• Median time from referral to first DC visit compared to triage benchmark (Urgent, Semi-Urgent)</li> </ul>
	Health System Use	<ul style="list-style-type: none"> <li>• Nova Scotians with diabetes seen in-person or virtually by a DC</li> <li>• All cause hospitalization among Nova Scotian adults (<math>\geq 20</math>yr) with and without diabetes</li> <li>• Hospitalization for diabetic ketoacidosis (DKA) among Nova Scotians with type 1 diabetes (all ages)</li> </ul>
	Disease Status	<ul style="list-style-type: none"> <li>• Nova Scotians with newly diagnosed diabetes (incidence by age and type)</li> <li>• Nova Scotians with newly diagnosed type 1 diabetes who had DKA at onset</li> </ul>
	Self-Management	<ul style="list-style-type: none"> <li>• DC clients whose A1C improved, stayed the same, or worsened within 12m of referral to a DC (excluding newly diagnosed)</li> </ul>
	Disease Progression & Complications	<ul style="list-style-type: none"> <li>• DC clients with low-, moderate-, or high-risk foot</li> <li>• DC clients at target for the following: exercise vital sign, A1C, blood pressure, lipids, &amp; renal function</li> <li>• Nova Scotians with diabetes who had DKA, hyperosmolar hyperglycemic syndrome (HHS), or diabetic foot</li> </ul>
	Comorbidities	<ul style="list-style-type: none"> <li>• Nova Scotian adults (<math>\geq 20</math>yr) with and without diabetes who had any of the following health outcomes: hypertension, AMI, stroke, renal disease, lower extremity amputation, all-cause mortality</li> </ul>