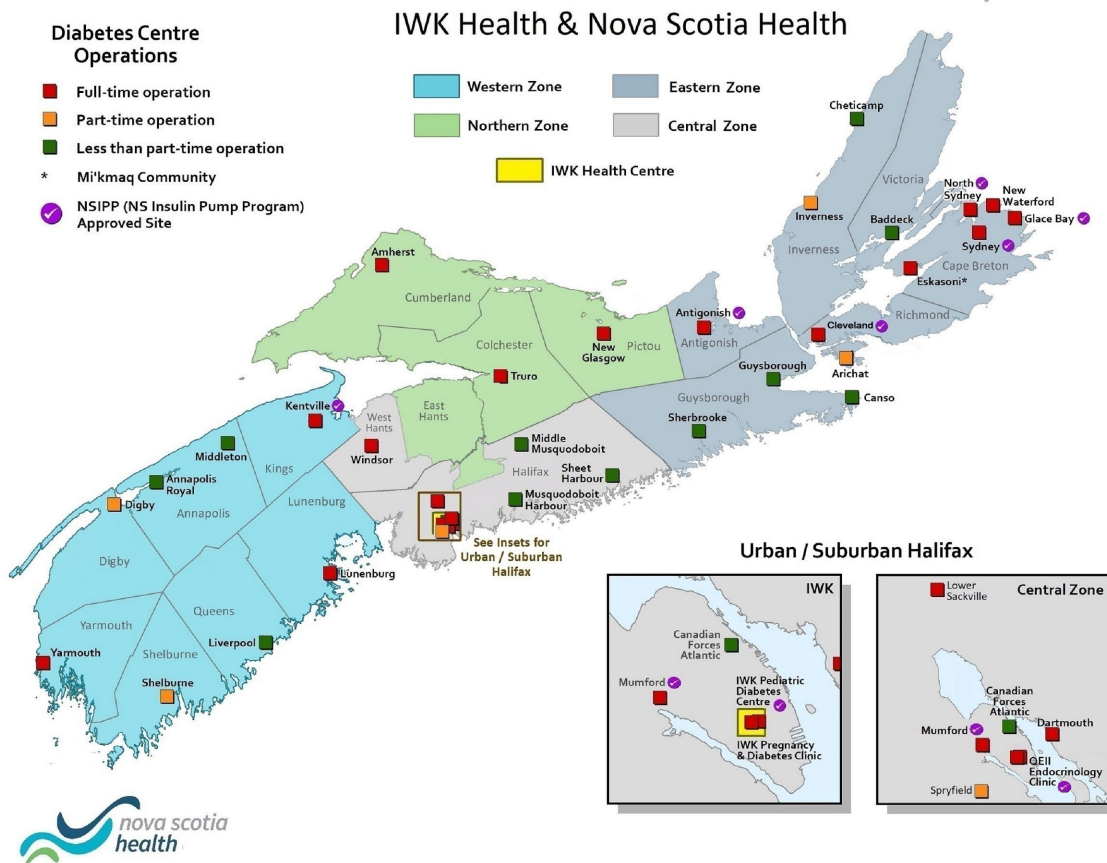


# Diabetes Centres in Nova Scotia

## Diabetes Care Program of Nova Scotia: Diabetes Centre Locations & Operations



Diabetes Centres (DC) are located across Nova Scotia. They vary in hours of operation from full-time to part-time. A number offer satellite services to smaller communities.

- Diabetes Educators support patients living with diabetes by conducting person-centered assessments, and providing self-management education, skill building, and empowerment to meet goals set collaboratively by the patients and their care teams. Diabetes Educators help patients choose interventions (pharmacological, nutrition, physical activity, psycho-social, technology) that fit with their lifestyle and reduce disease progression and complications. Our teams offer follow-up to monitor and re-evaluate care plans to support patients on their diabetes journey.
- Referrals are triaged based upon DCPNS triage guidelines.

### Who should be referred?

- Anyone new to insulin\* or requiring insulin dose adjustment.
- Anyone with:
  - newly diagnosed diabetes (T1, T2, other)
  - pregnancy with existing diabetes\* or GDM
  - recent hyperglycemic emergency or hospitalization for diabetes\*
  - recurrent hypoglycemia or risk of hypoglycemia
  - need for diabetes self-management support

\*Urgent referral: target wait time 48-72 hours.

### Who can refer?

- Authorized prescriber signature required for insulin start/adjustment and lab ordering.
- Allied health professionals can refer for general self-management/education.
- Some Diabetes Centres accept self-referrals.

### How do you refer?

- Fill out the DC referral form available [here](#).
- Fax the referral form to the DC closest to the patient's residence and to the patient's most responsible provider (GP, NP, Primary Care Clinic, Virtual Care).

Please see reverse for  
Diabetes Centre locations and contact information.

# Diabetes Centres in Nova Scotia by Zone/Community

## CENTRAL ZONE

**Dartmouth**  
Diabetes Centre  
58 Tacoma Drive, Suite 102  
Tel: 902-465-8532  
Fax: 902-473-3770

**Halifax**  
Canadian Forces Health Services  
Centre - Atlantic (military only)  
2685 Sextant Lane  
Tel: 902-721-8726  
Fax: 902-721-0356

**Halifax**  
Diabetes Centre  
6960 Mumford Road  
Tel: 902-454-1600  
Fax: 902-473-3770

**Halifax**  
QEII HSC Endocrinology Clinic  
1276 South Park Street  
Tel: 902-473-3723  
Fax: 902-473-5912

**Halifax**  
Community Wellness Centre  
16 Dentith Road, Spryfield  
Tel: 902-454-1600  
Fax: 902-473-3770

**Lower Sackville**  
Cobequid Community Health  
Centre  
40 Freer Lane  
Tel: 902-869-6170  
Fax: 902-473-3770

**Middle Musquodoboit**  
Musquodoboit Valley Memorial  
Hospital  
492 Archibald Brook Road  
Tel: 844-790-8108  
Fax: 902-473-3770

**Musquodoboit Harbour**  
Twin Oaks Memorial Hospital  
7704 #7 Highway  
Tel: 844-790-8108  
Fax: 902-473-3770

**Sheet Harbour**  
Eastern Shore Memorial Hospital  
22637 #7 Highway  
Tel: 844-790-8108  
Fax: 902-473-3770

**Windsor**  
Hants Health & Wellness Team  
89 Payzant Drive  
Tel: 902-792-2052  
Fax: 902-792-2253

## EASTERN ZONE

**Antigonish**  
Antigonish Health & Wellness  
Centre  
23 Bay Street, 2<sup>nd</sup> Floor  
Tel: 902-863-2830 ext. 4249  
Fax: 902-867-4700

**Arichat**  
St. Anne Community & Nursing  
Care Centre  
2313 Highway 206  
Tel: 902-226-1911  
Fax: 902-226-0042

**Baddeck**  
Victoria County Memorial Hospital  
30 Old Margaree Road  
Tel: 902-295-2112  
Fax: 902-295-3432

**Canso**  
Eastern Memorial Hospital  
1746 Union Street  
Tel: 902-366-2794  
Fax: 902-366-2740

**Cheticamp**  
Sacred Heart Community Health  
Centre  
15102 Cabot Trail  
Tel: 902-224-4014  
Fax: 902-224-2903

**Cleveland**  
Strait Richmond Hospital  
138 Hospital Road  
Tel: 902-625-3100  
Fax: 902-625-2078

**Eskasoni**  
Eskasoni Community Health  
Centre  
(residents only)  
4555 Shore Road  
Tel: 902-379-3200  
Fax: 902-379-2421

**Glace Bay**  
Senator's Place  
633 Main St., 1<sup>st</sup> Fl, Ste. 105  
Tel: 902-842-2826  
Fax: 902-842-2853

**Guysborough**  
Guysborough Memorial Hospital  
10560 Route 16  
Tel: 902-533-3702  
Fax: 902-533-4066

**Inverness**  
Inverness Consolidated Memorial  
Hospital  
39 James Street  
Tel: 902-258-1905  
Fax: 902-258-2857

**New Waterford**  
New Waterford Consolidated  
Hospital  
716 King Street  
Tel: 902-592-3327  
Fax: 902-592-3312

**North Sydney**  
Northside General Hospital  
520 Purves Street  
Tel: 902-794-5404  
Fax: 902-794-5454

**Sherbrooke**  
St. Mary's Memorial Hospital  
91 Hospital Road  
Tel: 902-522-2882  
Fax: 902-522-2556

**Sydney**  
Cape Breton Regional Hospital  
1482 George Street  
Tel: 902-567-7745  
Fax: 902-567-7970

## IWK

**Halifax**  
IWK Pediatric Endocrinology &  
Diabetes Unit  
5850/5980 University Avenue  
Tel: 902-470-8340  
Fax: 902-470-7264

**Halifax**  
IWK Pregnancy & Diabetes Centre  
5850/5980 University Avenue  
Tel: 902-470-6710  
Fax: 902-470-6644

## NORTHERN ZONE

**Amherst**  
Cumberland Regional Health Care  
Centre  
158 Robert Angus Drive, Ste. 700  
Tel: 902-667-2850  
Fax: 902-667-4460

**New Glasgow**  
One Door Chronic Disease  
Management Centre  
688B East River Road  
Tel: 902-752-7600 ext. 4700  
Fax: 1-833-924-0384

**Truro**  
Colchester East Hants Health  
Centre  
600 Abenaki Road  
Tel: 902-893-5528  
Fax: 902-895-2599

## WESTERN ZONE

**Annapolis Royal**  
Annapolis Community Health  
Centre  
821 St. George Street  
Tel: 902-532-2381 ext. 149  
Fax: 902-532-2113

**Digby**  
Digby and Area Health Services  
Centre  
71 West Street  
Tel: 902-245-1307  
Fax: 902-245-3006

**Kentville**  
Valley Regional Hospital  
150 Exhibition Street  
Tel: 902-679-1849  
Fax: 902-678-3727

**Liverpool**  
Queens General Hospital  
175 School Street  
Tel: 902-354-3436 ext. 1257  
Fax: 902-354-2018

**Lunenburg**  
Fishermen's Memorial Hospital  
14 High Street  
Tel: 902-634-7338  
Fax: 902-634-7334

**Middleton**  
Soldiers' Memorial Hospital  
462 Main Street  
Tel: 902-825-6160 ext. 1762243  
Fax: 902-825-0599

**Shelburne**  
Shelburne Diabetes Centre  
1606 Lake Road  
Tel: 902-875-8009  
Fax: 902-749-1753

**Yarmouth**  
Yarmouth Regional Hospital  
60 Vancouver Street  
Tel: 902-742-3542 ext. 1245  
Fax: 902-749-1753

Please send a copy of  
the referral to the  
patient's most  
responsible provider.